

COSTA RICA ECO ADVENTURE

8 DAYS

1 COUNTRY

17 MEALS

FROM \$1775 PP*

GLIDE THROUGH TREE-LINED WATERWAYS AND RELAX IN THERMAL POOLS, SAMPLE CHOCOLATE MADE FROM THE WORLD'S BEST CACAO AND JOURNEY BACK IN TIME WITH A NATIVE QUAKER IN OLD TOWN MONTEVERDE.



ICONIC HIGHLIGHTS

- **VISIT** Tortuguero National Park, Sarapiquí, Monteverde Cloud Forest Reserve
- **VIEW** Arenal Volcano

● START ● END ● OVERNIGHT ● SIGHTSEEING ● OPTIONAL

Red-eyed Tree Frog, Costa Rica

DAY

1 ARRIVE SAN JOSÉ Learn the secrets of Pura Vida on this effortlessly delivered encounter with Costa Rica. This evening, join your Travel Director and fellow expeditioners for a Welcome Reception. (WR) **Hotel: Sheraton San Jose**

2 SAN JOSÉ – BRAULIO CARRILLO NATIONAL PARK – TORTUGUERO NATIONAL PARK (2 NIGHTS) Journey to San Isidro de Heredia, where we'll 'Dive into Culture' with master chocolatiers to learn about the history of chocolate and how it is produced at this small workshop. Take a journey upriver to Tortuguero, where you'll visit the Green Turtle Research Station. (B, L, D, 🍷) **Hotel: Laguna Lodge Tortuguero**

3 TORTUGUERO NATIONAL PARK SIGHTSEEING Explore Tortuguero's lush waterways today. If you're lucky enough to be visiting during nesting season, join an optional walk to witness turtles laying their eggs. (B, L, D)

4 TORTUGUERO – SARAPIQUÍ Meet the Tico family for a 'Dive into Culture' experience at their palm plantation to learn about and sample the delicate heart of palm. Enjoy a leisurely hike in Sarapiquí, then a 'Be My Guest' with the owners of your hotel, providing a 'Connect with Locals' experience, as they prepare a special BBQ meal just for you. (B, L, BMG, 🍷, 🍷) **Hotel: Hotel La Quinta Sarapiquí Lodge**

5 SARAPIQUÍ – ARENAL Embark on an optional rafting trip*. We 'Connect with Locals', joining the Quintana Family for a 'Be My Guest' lunch at their eco-friendly hacienda. 'Make a Difference' and learn how your visit contributes to the local community. We continue to Arenal Volcano, where we spend the afternoon relaxing. (B, BMG, 🍷, 🍷) **Hotel: Arenal Paraiso Resort and Spa**

6 ARENAL – MONTEVERDE CLOUD FOREST (2 NIGHTS) Visit Monteverde Cloud Forest, then meet a native Quaker, and Local Specialist, who will share stories of Old Town Monteverde. This evening, relish some of the best views as you enjoy dinner. (B, D) **Hotel: El Establo Mountain Hotel**

7 MONTEVERDE CLOUD FOREST SIGHTSEEING Join your guide for an excursion through Monteverde Cloud Forest Reserve and later walk above the jungle floor on its Sky Walk*. We toast to our eco-adventure at a Farewell Dinner. (B, FD)

8 MONTEVERDE – DEPART LIBERIA OR SAN JOSÉ Transfer to either Liberia or San José International Airports or travel on to Guanacaste Beach for those extending their stay. (B) **Airport arrival will be at 11:30 a.m. for both San José and Liberia airport, please be aware when booking your flights.**

Note: For activities marked with a caret (^) in the day-by-day itinerary, participation is at your own risk and a signed liability waiver will be required.

For the more remote areas of Costa Rica (such as Tortuguero and Sarapiquí), we use the best available hotel facilities with comfortable but simple guestrooms and eco-friendly amenities perfectly suited to the natural surroundings. This journey requires walking on uneven surfaces and steps and sometimes through heavy showers (rain ponchos provided). This journey is best enjoyed by the experienced traveler in good health and who can take such conditions in stride.

GUANACASTE BEACH STAY OPTION

Extend your vacation with a stay at Guanacaste Beach, famous for its fishing, swimming, diving, surfing and sun.

8 MONTEVERDE – LIBERIA – GUANACASTE (2 NIGHTS) Check in to your seaside resort in the Guanacaste surfing town of Tamarindo Beach. (B) **Hotel: Tamarindo Diria Beach Resort**

9 GUANACASTE FREE TIME Settle in for a day at leisure. Relax on the beach, learn how to surf or go shopping in the nearby Tamarindo village. (B)

10 GUANACASTE – DEPART LIBERIA Transfer to Liberia International Airport for your flight or consider extending your stay to soak up the sun-kissed shores of Costa Rica. (B)

\$925 per person double share,
\$800 single supplement.
This is a locally hosted extension.

Trip code: LCRG

MORE ABOUT YOUR TRIP

* All prices are per person, double share.

Gratuities: Option to pre-pay gratuities for your Travel Director and Driver, \$90 per person.

Guaranteed Room Share is not available on this trip.

Luggage: For the two night excursion to Tortuguero National Park guests are permitted to bring a maximum of 25 lbs (11 kg) of luggage. Your primary suitcase will be transferred and securely stored at your Sarapiquí hotel.

Trip code: LCRC

ALTERNATIVE TRIP

Check out our similar 'Costa Rica Adventure' trip. With fewer inclusions on our Costsaver itineraries, you decide what you want to experience.



YOUR VACATION PLANNER

Price PP			Price PP		
Start San Jose	End Liberia or San Jose	Double Share	Start San Jose	End Liberia or San Jose	Double Share
SA 28 SEP	SA 05 OCT	1695	SA 11 APR	SA 18 APR	1825
SA 05 OCT	SA 12 OCT	1695	SA 18 APR	SA 25 APR	1825
			SA 25 APR	SA 02 MAY	1825
SA 09 NOV	SA 16 NOV	1795	SA 02 MAY	SA 09 MAY	1825
SA 07 DEC	SA 14 DEC 2020	1850	SA 16 MAY	SA 23 MAY	1825
			SA 23 MAY	SA 30 MAY	1825
SA 11 JAN	SA 18 JAN	1850	SA 13 JUN	SA 20 JUN	1825
SA 18 JAN	SA 25 JAN	1850	SA 20 JUN	SA 27 JUN	1825
SA 25 JAN	SA 01 FEB	1850	SA 27 JUN	SA 04 JUL	1825
FR 31 JAN	FR 07 FEB	1850			
SA 08 FEB	SA 15 FEB	1795	SA 18 JUL	SA 25 JUL	1825
WE 12 FEB	WE 19 FEB	1795	SA 25 JUL	SA 01 AUG	1825
SA 15 FEB	SA 22 FEB	1795			
SA 22 FEB	SA 29 FEB	1795	SA 12 SEP	SA 19 SEP	1775
SA 29 FEB	SA 07 MAR	1795	SA 03 OCT	SA 10 OCT	1775
SA 07 MAR	SA 14 MAR	1795	SA 21 NOV	SA 28 NOV	1775
SA 14 MAR	SA 21 MAR	1825			
SA 21 MAR	SA 28 MAR	1825	SA 05 DEC	SA 12 DEC	1795
SA 28 MAR	SA 04 APR	1825	SA 19 DEC	SA 26 DEC	1795
Single Supplement (add to price above):			\$495 PP		
Exceptions			2019 Departures:		
			\$475 PP		

♦ **Crossovers:** These departures will operate as per the 2019 brochure. Itineraries, durations, hotels and inclusions may vary. Please inquire at the time of booking.



**PAY EARLY SAVINGS
SAVE UP TO \$185 PP**

OTHER GREAT SAVINGS

- Young Traveler Savings **SAVE \$185**
- Multi Trip Savings **SAVE UP TO \$47**
- Triple Share Savings **SAVE UP TO \$150 PP**
- VIT (Very Important Traveler) Benefits for past guests

HANDCRAFTED HIGHLIGHTS

Here's just a sample of the many special Trafalgar highlights included in your trip.



CONNECT WITH LOCALS

A special BBQ meal is prepared for you in Sarapiquí and you'll join Don Alberto and Doña Ana Quintana for a traditional Costa Rican lunch at their Hacienda Pozo Azul, a 2000-acre working ranch. (Days 4, 5)



DIVE INTO CULTURE

Indulge in gourmet chocolate made from the world's best cacao beans. Visit a Tico family's palm plantation to learn about and sample the delicate heart of palm. (Days 2, 4)



LOCAL SPECIALIST

Listen to a Quaker share stories of the beginning of Monteverde's colorful history. (Day 6)



MAKE A DIFFERENCE

Visit the Quintana Family's Hacienda Pozo Azul and discover how they reduce their carbon footprint and support the local economy. (Day 5)

- Connect With Locals
- Stays With Stories
- Dive Into Culture
- Make A Difference
- WR** Welcome Reception
- L** Lunch
- RD** Regional Dinner
- BMG** Be My Guest
- B** Breakfast
- D** Dinner
- FD** Farewell Dinner